

Testimonials

We believe in the power of this program to make a difference in the lives of the heroes we support. The following are some of the testimonials as to the efficacy of our program and the impact it has had on them.

I'm not just a practitioner, I'm also taking part in the Vitamin and Supplement Program at Racing for Heroes. I would never ask a patient to do something I'm not willing to do myself. Just like checking your car, the blood work is critical to how the program works because the idea is to deal with the root cause and get a veteran's biochemistry "right" for them as individuals. We are not just dealing with symptoms which is where drugs are typically focused. I am convinced that is a lower cost alternative to pricey prescription drugs that the medical industry typically uses. It's also not all about physical health as I truly believe that chronic illness can lead to chronic mental health issues. By directly dealing with the physical fitness and biochemistry I believe we have better outcomes. I have seen the impact firsthand and it is making a real difference in dozens of those I serve. – Ricky Camp D.O.

For years, I suffered from fatigue, depression and a general illness as a result of my injuries in the military. Doc LeMay ran laboratory tests and found that my adrenal glands and other important physical functions had all but stopped working. After beginning the recommended treatment, I saw almost immediate improvement. After two months, I had more energy and enthusiasm than I had when I was a young military policeman before I was blown up in Iraq. I not only have more stamina, but I'm even back to the racing on the drag strip. Thanks, to the Team at Regenesys and Racing for Heroes for giving me a new lease on life it is what my body needs for optimal health! – James Sprecher

When I was in the Special Forces I thought I could do anything. As I grew older, I was slowing down, even though I was still working hard. After joining the Racing for Heroes Vitamin and Supplement program I realized that my metabolism was slowing down. It was stunning to see how the blood work I did was revealing on so many levels. After three months of the program I felt like my old self with more energy. I'm looking forward to my next blood test to see where I am. The need for ultimate fitness and power is still there. – Nick Rabenau

I am a 50-year-old Special Force Army Retiree having served 21 years. At age 36, I suffered a traumatic brain injury and broken neck at C-6 and C-7 that nearly took my life falling down a mountain in Afghanistan. As I have aged, my hormone levels have plummeted, and I was sleeping only 2 hours a night. After working with Regenesys everything changed, I can feel my days getting better, my mind starting to function like my former self, and I actually have the same focus and energy I did when I was back in the Army. I'm also sleeping 7-8 hours a night. I find myself truly enjoying life again. If I could say anything to anyone who might be wondering if the RFH Vitamin and Supplement program is worth it then I would say DO NOT WAIT. It will save your life. – Mike Evock

When I was first introduced to using vitamins and supplements to help, I was skeptical. After thinking about it I said, why not and got my blood work done. I spoke with Dr. LeMay and I was a mess. I have been in law enforcement for most of my adult life and work security now. Along with that job I have

been exposed to gunfire, car crashes, explosions and other sorts of highly dynamic events and that has caused me to have problems. The result was that I was in constant pain and believe me that constant pain changes your world. It was sometimes hard to just get out of the house. Since I started participating in Racing for Heroes' Vitamin and Supplement Program, I have experienced less and less pain. I used to have soreness, little sleep, and a hard time concentrating or memory loss that has greatly diminished. Once I was able to get my metabolism under control, I was better able to sleep better and gain control of my life. Hear it from me if you are skeptical don't be this is a game changer. – Bryan Hillis

I was having a tough time a few years back. I was suffering the aftereffects of chemotherapy and radiation treatments for cancer and needed something to help me out. I found out about the vitamin program through Racing for Heroes. After talking with Doc LeMay I realized that I might be able to get going again. After a few months I was sleeping better and was able to get back on the track. My suffering has diminished and I'm happy again. I can't explain it other than it makes me feel more powerful and energized for my day. – Joe Scarborough